



Pool Depth & Diving Compliance Statement

Document Control

Document Title: Pool Depth & Diving Compliance Statement

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Approved By: Redlands Swim Club Committee

Authorised By: Club President

1. Purpose

The purpose of this Pool Depth & Diving Compliance Statement is to ensure that all aquatic activities conducted by Redlands Swim Club are undertaken safely and in accordance with recognised aquatic safety standards and governing body requirements.

This document establishes clear rules regarding **diving restrictions** and the safe use of pool facilities to minimise the risk of injury.

2. Background

Redlands Swim Club acknowledges that safe diving practices are dependent on adequate water depth and facility approval.

Following consultation with local authorities, Redlands Swim Club has been formally advised that:

- The pool facility utilised by the Club **will not be approved for diving activities**.
- Water entry depth restrictions prevent approval for diving from starting blocks or poolside in designated areas.

This outcome requires the Club to implement strict safety controls to prevent unsafe diving practices.

3. Legislative and Policy Alignment

This statement aligns with safety guidance and policies issued by:

- Surf Life Saving Australia

- Swimming Australia
- Swimming Queensland
- Brisbane Swimming

It also supports compliance with:

- Queensland Child Safe Standards
 - **Child Protection Act 1999 (Qld)**
 - **Working with Children (Risk Management and Screening) Act 2000 (Qld)**
 - Workplace health and safety obligations
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4. No Diving Requirement

Redlands Swim Club enforces a **strict NO DIVING policy** in all pool areas where:

- Water depth is **1.0 metre or less**, OR
- The pool has **not been approved for diving** by relevant authorities.

This includes:

- Diving from starting blocks
- Diving from poolside
- Forward or backward dives
- Racing dives
- Recreational diving

Unless formally approved in writing by the relevant governing authority, **diving is prohibited**.

5. Approved Entry Methods

Where diving is prohibited, swimmers must use **safe entry methods**, including:

- Sitting entry
- Slide-in entry
- Step-in entry
- Coach-directed controlled entry

Coaches will provide instruction on safe entry techniques appropriate to swimmer age and skill level.

6. Responsibilities

6.1 Coaches

Coaches must:

- Enforce all No Diving restrictions
 - Provide clear safety instructions
 - Ensure swimmers follow approved entry methods
 - Monitor swimmer behaviour
 - Stop unsafe activity immediately
 - Report breaches
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6.2 Swimmers

Swimmers must:

- Follow all No Diving instructions
- Use approved entry methods
- Listen to coaches
- Report unsafe behaviour

Failure to follow directions may result in removal from activities.

6.3 Parents and Guardians

Parents and guardians must:

- Reinforce No Diving rules
 - Support coach instructions
 - Encourage safe behaviour
 - Report safety concerns
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7. Signage and Communication

Redlands Swim Club will:

- Display **No Diving signage** where required
 - Communicate depth restrictions clearly
 - Provide safety reminders during training
 - Inform new members of diving restrictions
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8. Monitoring and Enforcement

Breaches of the No Diving policy will be:

- Addressed immediately
- Recorded where required
- Managed according to the Club Code of Conduct
- Escalated if repeated

Serious or repeated breaches may result in:

- Removal from activities
 - Suspension
 - Further disciplinary action
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9. Risk Management Integration

This statement forms part of:

- Redlands Swim Club Code of Conduct
- Child and Youth Risk Management Strategy
- Child Safety Risk Register

Diving-related risks must be reviewed annually as part of the Club's risk management processes.

10. Review and Continuous Improvement

This document will be:

- Reviewed annually
 - Updated following facility changes
 - Revised if governing body requirements change
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11. Acknowledgement of Understanding

All members participating in pool activities must acknowledge understanding of this policy.

Swimmer Name	
Swimmer Signature	
Parent/Guardian Name	
Parent/Guardian Signature	
Date	